



## National Resilience Resource Center LLC

Partners for Resilience

### Introductory Resilience and Health Realization Training

October 16 - 17, November 13, December 11

Alliance Church, 502 21<sup>st</sup> St. N, Menomonie Wisconsin

Fireside Room, 8 a.m. to 3:30 p.m.

Plan to attend a new round of *Introductory Resilience/Health Realization* training. This event is a free charitable service of the National Resilience Resource Center (NRRC) and continues the legacy of bringing the principles to members of the Menomonie Partners for Resilience community.

Official NRRC facilitators of this training will be Gary Johnson and Lori Smith. NRRC Director Kathy Marshall Emerson assists with distance coordination, guidance, planning and materials.

Overtime evaluators have documented very statistically significant outcomes on 37 of 39 measures with more than 797 NRRC participants. Sample comments include:

*"This understanding is the foundation of my personal and professional life."*

*"Clients have been able to progress quickly with this to reach their goals."*

*"I would say it is the most helpful understanding I know of to share with others."*

*"It's been wonderful! I hear my co-workers using it and liking it as well. A common language between co-workers has been nice."*

*"Sometimes the teachers were surprised that kids got it better than they did. 'Nobody's a burnt cookie.' That came from a kindergartner. We're all okay."*

Individuals as well as member agency teams are welcome to participate. To realize the greatest impact it is expected the participants will attend all four days of this training program. A waiting list is anticipated; register early.

Come to learn the basics of the principles behind resilience.

*Coffee 8 a.m. Program 8:30 a.m. - 3:30 p.m. Lunch on your own.*

To register simply follow directions in the right column. Send a brief e-mail to Bonnie Scheel, [bonnie\\_scheel@msd.k12wi.us](mailto:bonnie_scheel@msd.k12wi.us), with *all* of the following details for *each* person to be registered:

- ✓ Name
- ✓ Position
- ✓ School or Agency and Program Unit
- ✓ E-mail Address

Seats are limited and a waiting list is anticipated. Early registration is encouraged.

---

#### REGISTRATION DUE

October 10, 2014

---

Please e-mail registrations to:

Bonnie Scheel, Coordinator  
Partners for Resilience Grant  
School District of Menomonie Area  
[bonnie\\_scheel@msd.k12.wi.us](mailto:bonnie_scheel@msd.k12.wi.us)

All registrants please follow these special instructions for your school or agency:

- School District of the Menomonie Area employees please make appropriate arrangements with your building or program administrator .
- Employees from community agencies please contact your supervisor and follow directions to either register as a group or individual.
- Other individuals are welcome to register directly with Bonnie Scheel.

**Questions?** Call Bonnie at  
715-232-1642, ext. 11127



® National Resilience Resource Center

[nationalresilienceresource.com](http://nationalresilienceresource.com)